

Weight Loss Challenge

Challenge

Package Includes:

- . Seminars (TBA)
- . Personal Training (8 sessions)
- . Fitness Assessments (Before & After)
- . Prizes
- . Meal/Diet Plan and Consultations (8 sessions)
- . T-shirt

Starts Oct 27 & ends Dec 22.

\$325 member

\$399 non-member (includes 2 month membership)