

PERFORMANCE
AND
NUTRITIONAL SUPPLEMENT
SEMINAR

with Chris Kinneer

DON'T MISS THIS INFORMATIVE SEMINAR ON PERFORMANCE AND NUTRITIONAL SUPPLEMENTS. DISCOVER HOW THEIR USE CAN BE HELPFUL IN ACHIEVING YOUR FITNESS GOALS AS WELL AS THE POSITIVE EFFECTS THEY CAN HAVE ON YOUR OVERALL HEALTH.

SUNDAY FEBRUARY 21

12:30-1:30PM

**REGISTER AT THE FRONT DESK
SPACE IS LIMITED SO REGISTER EARLY**