



Valley Health and Fitness Member Alert!

Sadly, our friend and long time member Shaul Ilan passed away June 12, 2009 after a courageous battle with cancer. We would like to thank everyone for the tremendous support shown during this very difficult time. Your financial as well as emotional support was very much appreciated by Shaul. He mentioned often how he missed the gym and the many friends and acquaintances he had made over the years. He will be greatly missed by all of us.

Thank you from the staff and management at Valley Health and Fitness.

